



Market Hours:
 Tuesday, Thursday, Friday, Saturday 8:00 am - 6:00 pm
 333 North Cedar Street - 1/2 block north of the Lansing Center
 phone: (517) 483-7460 ~ www.lansingcitymarket.com

**Volume 1
 Issue 6**

THE MARKET WATCH

The Peanut Gallery Opens at the Market

The Peanut Gallery has been in business for four years and is owned and operated by Peggy McConnell. After four years in downtown Grand Ledge they have now decided to open in the Lansing City Market. The Peanut Gallery specializes in a variety of gourmet popcorn including: caramel, caramel apple, banana, cheese and Neapolitan. They also make cinnamon almonds, which along with the popcorn, is made on sight for maximum freshness. The shop also carries a variety of nuts and bulk candies. Stop in and see Peggy at The Peanut Gallery from 10 a.m. – 6 p.m. Tuesday, Thursday, Friday and Saturday.



Nuts & Candies for kids of all ages!

Handmade Exquisite Chocolates & Fudge
 Roasted Nuts & Gourmet Popcorn!

10% off
 (\$5 purchase or more)
 coupon

Peak of Freshness

The following products are in season for **September:** Apples, Beans, Beets, Bell Peppers, Broccoli, Cabbage, Cantalope, Carrots, Cauliflower, Collard Greens, Cucumbers, Eggplant, Grapes, Hot Peppers, Kale, Leeks, Lettuce, Onions, Parsnips, Peaches, Potatoes, Pumpkins, Radishes, Raspberries, Spinach, Strawberries, Summer Squash, Sweet Corn, Sweet Peppers, Tomatoes, Turnips, Watermelon and Winter Squash

Events At The Market

Taste of the Market:
 Fri, Sept. 15 8:00 a.m. - 6:00 p.m.
 Sat, Sept. 16 8:00 a.m. - 6:00 p.m.

Taste of the Market

Come join us at the market for the first annual **Taste of the Market**. There will be over twenty varieties of heirloom tomatoes, as well as some ten varieties of apples for you to feast upon. Also available will be flowers, meats, cheeses and much more!

Nodding Thistle Farm Opens at the Market

In Nashville, MI, amid the sounds of happy honey bees is Nodding Thistle Farm. They are a recent addition to the vendor roster at the Lansing City Market. Certified organic since 1984, Nodding Thistle provides a wide range of organic vegetables throughout Michigan's growing season. One of the favorite crops is tomatoes, of which they grow over 20 varieties including many heirloom seeds. In addition, shoppers will be delighted by dried flowers and decorative gourds that are offered as a portion of the year's harvest. Come see Nodding Thistle Farm on Saturdays at the Lansing City Market.



Nodding Thistle Farms
 Every Saturday!

\$1 off any \$10 purchase

coupon



Market Recipe

Tomato Fromage

Prep Time: 5 minutes

Cook Time: 12 minutes

Yield: 4 servings

Ingredients:

4 Roma tomatoes

Kosher salt

Freshly ground black pepper

Garlic powder

1/4 Cup grated Parmesan

Directions:

- 1.) Preheat oven to 350 degrees F.
- 2.) Cut the tops and a very thin piece off the bottom of the tomatoes and stand them up close together on a small sheet pan or pie tin.
- 3.) Sprinkle liberally with salt, pepper, and garlic powder.
- 4.) Carefully pile high the Parmesan cheese on top of each tomato.
- 5.) Bake for about 12 minutes or until cheese starts to turn golden brown.
- 6.) Remove from oven and serve as a vegetable and a garnish.

Hint: Cook the tomato fromage in the oven with your entree for the last 10 to 12 minutes of cooking so that they are done together.

Current Market Vendors

Note that these are just a few of the many products offered by the vendors at the market throughout the year. Also note that some products are seasonal and only available as that permits.

Alice's Kitchen - Baked goods, spices, sausages & bacon

Almar Orchards & Cidery - Organic produce, apple cider, apple pop, cider slushy (Saturdays)

Anna & Co. - Silk & dried flower décor, gifts and crafts

AppleSchram Organic Orchard - Organic Seasonal Produce (Saturdays)

Bob's Market - Seasonal Produce (Seasonal vendor)

Bob's Wife's Soap - Homemade hand carved soap (one Saturday per month)

Bruce's Smoked Fish - Smoked fish

Cindy's Gift Baskets - Gift baskets

Cinzori Farms - Organic Seasonal Produce (Saturdays)

Foraged & Found Edibles - Mushrooms, mushroom growing kits

Hickory Corners Garden & Nursery - perennials, annuals, hanging baskets, flowering trees, shrubs, seasonal Michigan produce, syrups and jams.

Hickory Hut - BBQ sandwiches, Brats & Sausages

Hill's Home Cured Cheese - Worldly cheeses and crackers

Iorio Italian Ice - Italian Ice

Karl Baer - Pork sausage, dressed rabbit, chicken, beef & turkey jerky (Fridays/Saturdays)

Light Scents - Soy wax candles (Saturday Only)

Ma & Pa Kettle Corn - Kettle corn, roasted peanuts, jerky

Nodding Thistle Farm - Organic produce (Saturdays)

Otto's Chicken - Free range chicken, eggs and spices

Rasch Farms - Seasonal Produce

Riverbend Creations - Fresh flowers, hanging baskets, gourmet foods and custom jewelry

Rivi's Deli - Breakfast, Lunch and Dinner

Seif Foods - Mediterranean cuisine and baked goods

Shoua's Kitchen - Chinese & Thai cuisine and baked goods

Smith Organics - All organic produce (Saturdays)

Soulful Earth Herbals - Handcrafted lotions, healing salves, body scrubs, bath treatments and soaps (Saturdays)

The Peanut Gallery - nuts, gourmet popcorn, bulk candy

Wild Rose - Concrete and metal garden statuary, topiaries and custom planted flowering baskets & pots.

333 North Cedar Street
Lansing, MI 48912

