



### Market Hours:

Tuesday, Thursday, Friday 9:00 am – 6:00 pm  
Saturday 8:00 – 5:00 pm  
333 North Cedar Street – 1/2 block north of the Lansing Center  
517-483-7460 [www.lansingcitymarket.com](http://www.lansingcitymarket.com)

Volume 3,  
Issue 4  
Published  
Seasonally

# THE MARKET WATCH

## Summer at the Market

Your Lansing City Market continues to flourish as we approach the hot humid days that define the glorious Michigan summertime season. Sadly, the last of the strawberries are just a delicious memory. But blueberries, cherries and raspberries, along with an incredible array of farm fresh produce, abound throughout the Market.

We continue to add quality vendors on a weekly basis. The diversity and selection that is now being offered is quite astounding. Additionally, we offer a total shopping entertainment experience – one with value- and pleasure-added accoutrements. Live music, seminars, demonstrations and community information tables are an integral and very important aspect of the Lansing City Market.

So if you have not visited the Market in awhile, or have never had the pleasure of stopping in, we believe you will be very pleasantly surprised and pleased with your local City Market.

### SATURDAY EVENTS AT THE MARKET

**July 26 – Build a Birdhouse  
with Lee from Westwind  
Milling, plus Live Jazz with  
Pete Nelson and Friends**  
**August 2 – Live Music with  
Chris Dorman and Steve  
Leaf**

*Please check our website frequently  
for the latest event postings.*

**We are working hard to think GREEN and reduce the number of Market Watch newsletters we print and mail. Please be kind and sign up online to receive future "Market Watch" newsletters via email.**

Our goal is to re-create a public market in the heart of our state's capital city that's a thriving business opportunity for a large array of vendors and a weekly destination for all community members. To our regular loyal customers, we thank you for your patronage and support in these efforts.

The Common Ground Festival was a rousing success and brought many new faces to the Market; many of whom we hope will become regular patrons. The minor inconveniences experienced during the Festival pale in comparison to the exposure and excitement created by this event.

Plans for the proposed new City Market continue to foster discussions among everyone even remotely connected with the Market. It is absolutely wonderful to see such passion concerning your market. Regardless of one's personal feelings about the opportunity for a new Market, it is critical that we all remember that this Market is so much more than the four walls that contain it. The Market is the people who shop, work, eat and play here. As long as that concept remains firmly entrenched in people's minds, and disagreements do not become personal, the Market will be successful and prosper.

Anyone wishing to be informed about upcoming meetings and time lines for the Market proposal can visit our website, stop by the office when visiting the Market or call the Market at 517-483-7460. All questions and concerns are welcome – the better informed we all are the more empowered we will be to rationally discuss the issue.

Our website, [www.lansingcitymarket.com](http://www.lansingcitymarket.com), is loaded with great information concerning upcoming events, City Market updates, vendor profiles and so much more. Visit it often to stay in the know – and visit the Lansing City Market to experience a true Michigan treasure!



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## New City Market Vendors

### *Simmons Family Farms OCIA Organic Beans & Grains*

Simmons Family Farms is a certified organic farm in Lapeer County, Michigan. It is operated by the 5th & 6th generations of the Simmons family to live on and farm this centennial acreage, since 1854. They produce a wide variety of organic crops, including: Open Pollinated Corn, Spelt, Oats, Rye, Buckwheat, Sunflower, Soybeans, Clover Seed, Hay, and Maple Syrup. They provide high quality, conditioned, organic seed from all the crops they grow.

All their crops are also offered as flavorful and nutritional food grains to discerning organic consumers in Michigan and for export, both in the USA and in the international market. Livestock rounds out their hungry customer base.

They also offer whole grain mixes, made from their organic crops, for pancakes, waffles, corn bread and cookies. (Their pancake mixes & flours can also be ordered by e-mail/phone/ or mail.)

John, Sherry & Stacey Simmons hope to meet you personally at the Market soon! Or visit their farm at 5321 North Branch Rd., North Branch, Michigan 48461, call 810-614-2305 or email [farmboyflapjacks@hotmail.com](mailto:farmboyflapjacks@hotmail.com).

### *Get Mint Trading Co.*

Get Mint Trading Co. offers 100% pure and natural mint products. Even though they are new to the Lansing City Market, Crosby Mint Farms has been distilling quality essential peppermint and spearmint oils since 1912. Currently they offer the peppermint and spearmint essential oils, mint soil rejuvenator, and an all-natural cleaning solution. Their product line is expanding. Peppermint and Spearmint essential oils have been known to relieve sinus problems, common cold complications, arthritis, sore muscles, increase alertness and energy and much more. Please come visit Get Mint Trading Co. and experience first hand the wonderful qualities of this popular herb. You can also visit them at [www.getmint.com](http://www.getmint.com) to learn more.

### *Massage Therapist: Scott Curtis*

Scott is a licensed massage therapist. He was trained in the art of tactile pleasure in early adolescence by his pet raccoon and raised by a family committed to non-drug therapies, including Osteopathy, Chiropractic, and Homeopathic medicine. With a professional history of over 14 years in therapeutic massage, Scott has recently re-located to the Lansing area to build a practice and provide chair massage services at the Lansing City Market. Home visits for full body therapeutic, relaxation massages are available. Also email [sthomerscot@yahoo.com](mailto:sthomerscot@yahoo.com), or call 239-821-6844 for an appointment.

## *The Omnivore Solution*

We have all heard of the dilemma, now here is one of the solutions! During the month of August, buy items from each food group (beans, rice soy can be substituted for meat, and soy for dairy) to complete a meal card. Everything you need for a fresh, local meal. Then turn in the complete meal card for a chance to win a Lansing City Market gift certificate. Look for promo information at the Market!

### *Materagaia, LLC*

They are a locally owned and operated home brewing supply shop, specializing in organic brewing ingredients. Their prime directive is to provide every customer with a positive brewing experience, as an extended member of the Materagaia family. Additionally, they would like to help make the world a better place by touching people's lives in a positive way every day, even if they are not a customer. Furthermore, it is also their goal to provide excellent stewardship for the earth by adopting the Natural Step framework. (More information can be learned about the Natural Step framework at [www.naturalstep.org/com/What\\_is\\_sustainability](http://www.naturalstep.org/com/What_is_sustainability).)

They are pleased to be at the Lansing City Market, where they hope to accomplish their mission and improve the home brewing culture by selling organic products and advocating sustainability, environmental awareness, and altruism.

### *A Basketful by Sharl*

The Lansing City Market is incredibly fortunate to have the areas premier floral designer as a member of our family of vendors. Since 1997 "A Basketful by Sharl" has been bringing something different to the gift-giving industry through their gift basket and floral designs. Securing lifetime business/friend relationships is a crucial element for success in today's corporate and personal world. Their unique designs, whether corporate or personal, reflect this and they realize that their success is a direct reaction to yours. Also visit us at [www.AbasketfulbySharl.com](http://www.AbasketfulbySharl.com).

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## June – Buy Local Card

Due to the overwhelming response and enthusiasm for our April Buy Local Card we reintroduced it for the month of June. When a purchase was made from six different vendors the participant was eligible to win one of three \$40.00 gift certificates, from a drawing at month's end. Our fortunate winners for the month were Robert Baecker, Jaime Parecles, and Geoff Habron. Congrats to all.